

The Whole Child MTP

6 lessons per half term

1 x reflection

1 x character

1 x link to key text

3 x Manchester Healthy Schools (below)

	AUTUMN 1 	AUTUMN 2 	SPRING 1 	SPRING 2 	SUMMER 1 	SUMMER 2 
YEAR 1	British Values	Mental and Emotional Health	Keeping Safe	Healthy Lifestyles	Living in the Wider World	Relationships
	Class rules and working together.	<ol style="list-style-type: none"> 1. What makes me happy? What are feelings? 2. What is the difference between good secrets and bad secrets? 3. How does my behaviour affect others? 	<ol style="list-style-type: none"> 1. What are the rules for keeping me safe in familiar and unfamiliar environments? 2. What are rules about household substances? (Hazard symbols in the house) 3. What is an emergency and what do I do? 	<ol style="list-style-type: none"> 1. Where does my food come from? 2. How do I look after my teeth? 3. How do I keep clean? 	<ol style="list-style-type: none"> 1. What are class rules? (British Values) 2. Where does our money come from? 3. What is the environment? 	<ol style="list-style-type: none"> 1. Who are the people in my life that love and care for me? 2. What are the differences and similarities between people? 3. What are the similarities between girls and boys?
YEAR 2	British Values	Mental and Emotional Health	Keeping Safe	Healthy Lifestyles	Living in the Wider World	Relationships
	Class rules and working together.	<ol style="list-style-type: none"> 1. What is the difference between small feelings and big feelings? 2. How can I keep safe online? 3. What makes others happy? 	<ol style="list-style-type: none"> 1. How do medicines help us when we are unwell? 2. How do I keep safe at home? 3. What is my responsibility for keeping myself and others safe? 	<ol style="list-style-type: none"> 1. Why do I eat? 2. Why should I be active? 3. How can I prevent diseases spreading? 	<ol style="list-style-type: none"> 1. What groups and communities am I a part of? 2. How do we make choices about spending money? 3. How can we look after the environment? 	<ol style="list-style-type: none"> 1. What is private? (body parts) 2. What happens when the body grows young to old? 3. What is fair, unfair, kind and unkind?
YEAR 3	British Values	Mental and Emotional Health	Keeping Safe	Healthy Lifestyles	Living in the Wider World	Relationships

	Class rules and working together.	<ol style="list-style-type: none"> 1. How do my feelings affect my behaviour? 2. What are the ways we are communicating online? 3. What am I good at? 	<ol style="list-style-type: none"> 1. What happens when I breathe smoke in the air? 2. How do I recognise risks in my life? 3. What do I do in an emergency? 	<ol style="list-style-type: none"> 1. What is a healthy diet? What is an unhealthy diet? 2. How do I keep safe in the sun? 3. Why is personal and oral hygiene important? 	<ol style="list-style-type: none"> 1. How do rules and law protect me? 2. What is the difference between my local British communities and global communities? 3. What are the links between work and money? 	<ol style="list-style-type: none"> 1. What is personal space? 2. What does a healthy relationship look like? 3. Why is being equal important in relationships?
YEAR 4	British Values	Mental and Emotional Health	Keeping Safe	Healthy Lifestyles	Living in the Wider World	Relationships
	Class rules and working together.	<ol style="list-style-type: none"> 1. What is resilience? 2. What does it mean to have responsibility over my choices and actions? 3. What is discrimination? 	<ol style="list-style-type: none"> 1. How do I manage risks in my life? 2. What is self-control? 3. What is the difference between legal and illegal drugs? Are all drugs harmful? 	<ol style="list-style-type: none"> 1. How do I make sure I get good quality sleep? 2. What is fuel for the body? Does all food provide the same amount? 3. How do I know if I'm physically ill? 	<ol style="list-style-type: none"> 1. What are the rights of the child? 2. How do we look after our money? 3. What is sustainability? 	<ol style="list-style-type: none"> 1. What is diversity? 2. Do boys and girls have different roles? 3. What changes happen to my body?
YEAR 5	British Values	Mental and Emotional Health	Keeping Safe	Healthy Lifestyles	Living in the Wider World	Relationships
	Class rules and working together.	<ol style="list-style-type: none"> 1. What is mental health? 2. How do I negotiate and compromise? 3. How do I stay safe on a mobile or tablet? 4. How can I be happy being me? 	<ol style="list-style-type: none"> 1. How do I respond to dares? 2. What are 'habits'? 3. Who or what influences me? 	<ol style="list-style-type: none"> 1. How can we stop the spread of infection? 2. Why are immunisations and vaccinations important? 3. Why is it important to know about nutritional content of food? 	<ol style="list-style-type: none"> 1. How and why do we make and change rules? 2. What is Fair Trade? 3. How can I combine sustainability with fair trade using my enterprise skills? 	<ol style="list-style-type: none"> 1. What is puberty? 2. What are the different relationships in my life? 3. What is unwanted touch? Understanding FGM
YEAR 6	British Values	Mental and Emotional Health	Keeping Safe	Healthy Lifestyles	Living in the Wider World	Relationships

	Class rules and working together.	<ol style="list-style-type: none"> 1. How can I challenge negative thoughts and feelings? 2. What is stereotyping? 3. How can the internet positively and negatively affect our mental health? 	<ol style="list-style-type: none"> 1. How do drugs affect the mind and body? 2. How do I manage peer pressure? 3. What are basic emergency first aid skills? 	<ol style="list-style-type: none"> 1. How is my mental and physical wellbeing connected? 2. How do I keep physically healthy? 3. Can I plan and prepare a healthy meal? 	<ol style="list-style-type: none"> 1. Why is it important to be critical of the media online and offline? 2. How do people manage money? 3. What do I want to be? 	<ol style="list-style-type: none"> 1. What changes happen in my life? 2. What happens in a loving relationship (incl. marriage) and what is forced marriage? 3. How is a baby made?
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