

**Physical Education  
LONG TERM PLANNING 23/24**

	<b>AUTUMN 1</b>	<b>AUTUMN 2</b>	<b>SPRING 1</b>	<b>SPRING 2</b>	<b>SUMMER 1</b>	<b>SUMMER 2</b>
<b>Nursery</b>	To move around the environment safely.	To begin playing ring games.	Hopping, skipping and jumping.	Moving in different ways, changing direction and speed.	Balancing, throwing, kicking and catching.	Showing some control and coordination.
<b>Reception</b>	To move around the environment safely.	To begin playing ring games.	Hopping, skipping and jumping.	Moving in different ways, changing direction and speed.	Balancing, throwing, kicking and catching.	Showing some control and coordination.
<b>YEAR 1</b>	Autumn		Spring		Summer	
	Fundamentals through storytelling	Throwing and catching	Dance and Gymnastics	Racket skills	Introduction to team games	Athletics and OAA
<b>YEAR 2</b>	Autumn		Spring		Summer	
	Fundamentals through storytelling	Throwing and catching	Dance and Gymnastics	Racket skills	Introduction to team games	Athletics and OAA
<b>YEAR 3</b>	Autumn		Spring		Summer	
	Invasion games (Basketball and handball)	Invasion games (Hockey)	Dance and Gymnastics	Net and Wall (Tennis)	Striking and Fielding (Cricket)	Athletics and OAA
<b>YEAR 4</b>	Autumn		Spring		Summer	
	Swimming	Swimming	Swimming	Swimming + Striking and Fielding (Cricket)	Swimming + Net and Wall (Tennis)	Swimming + Athletics and OAA
<b>YEAR 5</b>	Autumn		Spring		Summer	
	Invasion games (Basketball and handball)	Invasion games (Hockey)	Dance and Gymnastics	Net and Wall (Tennis)	Striking and Fielding (Cricket)	Athletics and OAA
<b>YEAR 6</b>	Autumn		Spring		Summer	
	Invasion games (Basketball and handball)	Invasion games (Hockey)	Dance and Gymnastics	Net and Wall (Tennis)	Striking and Fielding (Cricket)	Athletics and OAA