




## Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pizza Day</b> A selection of homemade pizza Choose from either Cheese & Tomato, or Pepperoni	<b>Spaghetti Bolognaise</b> Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of spaghetti served with garlic bread	<b>Smothered Chicken</b> Choose from a fresh chicken fillet or a Quorn fillet topped with BBQ sauce and cheese and baked in the oven and served with Jersey potatoes.	<b>Hot Dogs</b> Choose from either chicken or Quorn sausage served in a finger roll with fresh potato wedges	<b>Fish 'Fry-day'</b> Choose from breaded cod fillet fingers or a cod fillet all baked in the oven & served with chips
<b>Served with</b>				
Sweetcorn	Broccoli	Mixed Vegetables	Salad	Baked Beans
or				
<b>Jacket potatoes available Monday, Wednesday &amp; Friday</b> chooses from a variety of fillings cheese, tuna mayo & baked beans <b>Pasta dish available Tuesday &amp; Thursday</b>				
or				
<b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – cheese, tuna, Chinese chicken, turkey, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
				
<b>And for dessert</b>				
Yoghurt	Fruit platter	Arctic Roll	Fruit platter	Vanilla Cookies
<b>Fresh Fruit, Fruit Pots, Yoghurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</b>				
<b>And finally, a drink</b>				
Water or Milk				